

KARATE

NO CLASS 8/2 - 8/7 OR 9/6

Little Dragons

Learn effective self-defense through Isshin-Ryu Karate. Students will learn karate with a strong emphasis on self-discipline and respect.

Supervisor: Jason Buckholtz

Instructor: Ed Cavazos, 6th Degree Black Belt

Age **Fee** **Register by**
5 - 7 \$46/R - \$69/NR 6/25

Level 1 (for new and transfer students)

Students should wear a t-shirt and sweatpants.

Min/Max: 6/12

Prerequisite: New and transfer students must complete this class first. You cannot enter Level 2 without completing Level 1.

Code	Date	Time	Day
10S228	7/8 - 9/2	6:00pm - 6:45pm	Thu
10S228A	7/10 - 9/4	11:00am - 11:45am	Sat

Level 2

All students will be required to purchase a uniform through the instructor.

Min/Max: 6/20

Prerequisite: Students must first complete Level 1. New and transfer students cannot enter this class.

Code	Date	Time	Day
10S229	7/7 - 9/1	6:00pm - 6:45pm	Wed
10S229A	7/10 - 9/4	12:00pm - 12:45pm	Sat

Level 3

Min/Max: 6/20

Prerequisite: Students must first graduate from Level 2. New and transfer students cannot enter this class.

Code	Date	Time	Day
10S230	7/7 - 9/1	7:00pm - 7:45pm	Wed

Adult Karate

Learn effective self-defense through Isshin-Ryu Karate. This class is for both new and returning students. Students will learn the required techniques, forms, weapons and sparring techniques to progress through the Isshin-Ryu Karate rank structure, while also learning practical, essential self-defense techniques versus both unarmed and armed attacks. New students should wear a t-shirt and sweatpants to class. Returning students will be required to purchase a uniform through the instructor.

Supervisor: Jason Buckholtz

Instructor: Ed Cavazos, 6th Degree Black Belt

Age: 14 and up

Min/Max: 7/20

Fee: \$56/R - \$78/NR

Register by: 6/25

Code	Date	Time	Day
10S440	7/7 - 9/1	8:00pm - 9:00pm	Wed
10S441	7/10 - 9/4	9:30am - 10:30am	Sat

Youth Karate

Learn effective self-defense through Isshin-Ryu Karate. Students will learn the forms, self-defense, sparring techniques and weapons with a strong emphasis on self-discipline and respect.

Supervisor: Jason Buckholtz

Instructor: Ed Cavazos, 6th Degree Black Belt

Age **Min/Max** **Fee** **Register by**
8 - 13 7/20 \$56/R - \$78/NR 6/25

Level A (for new, transfer, and White belt students)

White Belt students will continue learning Isshin-Ryu Karate to work toward their first belt promotion. New and transfer students should wear a t-shirt and sweatpants.

Prerequisite: New, transfer, and White Belt students must graduate from this class first. You can not enter Level B without graduating from Level A.

Code	Date	Time	Day
10S231	7/12 - 9/13	6:00pm - 6:45pm	Mon
10S231A	7/10 - 9/4	1:30pm - 2:15pm	Sat

Level B (for Yellow and Orange belts)

Prerequisite: Students must first graduate from Level A. New and transfer students cannot enter this class.

Code	Date	Time	Day
10S232	7/12 - 9/13	7:00pm - 7:45pm	Mon
10S232A	7/10 - 9/4	2:30pm - 3:15pm	Sat

Level C (for Blue, Purple, Green, and Brown Belts)

Prerequisite: Students must first graduate from Level B. New and transfer students cannot enter this class.

Code	Date	Time	Day
10S233	7/12 - 9/13	8:00pm - 9:00pm	Mon